

Eye care competency framework



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Glossary

Activities: A group of tasks for an area of work, that are time-bound, trainable and able to be measured against work performance.

Behaviours: The actions and mannerisms conducted by individuals towards other people or to express a competency. Behaviours are ongoing, trainable, and able to be measured through observation.

Best practice: A technique or methodology that through experience and research has proven reliably to lead to the desired result.

Domain: Umbrella term covering areas of competencies, behaviours, activities, knowledge and skills.

Community: Specific group of people, often living in a defined geographical area, who share a common culture, values and norms, and are arranged in a social structure according to relationships which the community has developed over a period of time.

Competencies: The ability of individuals to carry out activities and express behaviours, using their knowledge and skills. Competencies are ongoing, trainable, and able to be measured through observation of behaviours.

Competent: The ability of individuals to perform specific activities and express behaviours to a defined level of proficiency using their knowledge and skills.

Empowerment: The process of supporting people and communities to take control of their own health needs, resulting, for example, in the uptake of healthier behaviours or the ability to self-manage illnesses (1).

Health promotion: The process of enabling people to increase control over, and to improve their health. Health promotion represents a comprehensive social and political process; it embraces not only actions directed at strengthening the skills and capabilities of individuals, but also

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