

International travel and health



World Health
Organization

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2012

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Almost 940 million international journeys were undertaken in 2010. Global travel on this scale exposes many people to a range of health risks – different disease agents and changes in temperature, altitude and humidity are just some of these risks – all of which can lead to ill-health. Many of these risks, however, can be minimized by precautions taken before, during and after travel.

This book explains how travellers can stay healthy and provides WHO guidance on vaccinations, malaria chemoprophylaxis and treatment, personal protection against insects and other disease vectors, and safety in different environmental settings. It covers all the principal risks to travellers' health, both during their journeys and at their destinations. It describes all relevant infectious diseases, including their causative agents, modes of transmission, clinical features and geographical distribution, and provides details of prophylactic and preventive measures.

Features of this new edition include:

- information for last minute travellers
- updated and improved vaccine-preventable disease descriptions
- updated vaccine recommendations and schedules
- revised list of countries and areas at risk of yellow fever
- updated country list with malaria information
- updated maps showing disease distribution

This book is intended for the medical and public health professionals who advise travellers, but it is also a standard reference for travel agents, airlines and shipping companies – and for travellers themselves. Continuous updates are freely available on the Internet at www.who.int/ith



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WHO publications of related interest

Weekly Epidemiological Record

For more than eight decades, the *Weekly Epidemiological Record* has served as an essential instrument for the collation and dissemination of epidemiological data useful in disease surveillance on a global level. Priority is given to diseases or risk factors known to threaten international health.

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International Health Regulations (2005), second edition

The purpose and scope of the new Regulations are "to prevent, protect against, control and provide a public health response to the international spread of disease in ways that are commensurate with and restricted to public health risks, and which avoid unnecessary interference with international traffic and trade." This new edition of *International Health Regulations* (2005) therefore contains a range of new and unprecedented innovations. 2008, 74 pages. ISBN 978 92 4 258041 0
Price: CHF 20.00 / US\$ 24.00

International Medical Guide for Ships, third edition

2007, 488 pages, ISBN-13 9789241547208 / ISBN-10 9241547200 Price: CHF 89.00 / US\$ 106.80 / Developing countries: CHF 62.30

International Certificate of Vaccination/Certificat international de vaccination

This new WHO booklet includes the Model International Certificate of Vaccination or Prophylaxis contained in Annex 6 of the *International Health Regulations* (2005). The Certificate is used for recording vaccinations or prophylaxis, in accordance with the IHR (2005), including vaccination or revaccination against yellow fever. Additional pages in the booklet have space for recording other vaccinations. Prices listed apply only to orders sent directly to WHO (please note that Certificates of vaccination are not sold individually. Please see quantity orders below).

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Situation as on 1 January 2012



**World Health
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