

Tools for Advancing Tobacco Control in the XXI<sup>st</sup> century:  
POLICY RECOMMENDATIONS FOR SMOKING CESSATION AND  
TREATMENT OF TOBACCO DEPENDENCE  
"Tools for public health"



*Outils pour poursuivre la Lutte Antitabac au XXI<sup>e</sup> siècle:  
Recommandations de politique générale  
concernant le sevrage tabagique et le traitement  
de la dépendance à l'égard du tabac  
"Des instruments au service de la santé publique"*

ISBN 92 4 156240 4



World Health Organization  
Tobacco Free Initiative  
Noncommunicable Diseases  
and Mental Health Cluster

GENEVA, JUNE 2003

Organisation mondiale de la Santé  
Initiative pour un monde  
sans tabac  
Maladies non transmissibles  
et santé mentale

GENEVE JUIN 2003

Graphic design: Isabelle Gaudal

Policy Recommendations for Smoking Cessation and Treatment of Tobacco Dependence



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World Health Organization  
Organisation mondiale de la Santé

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Geneva, Switzerland

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2003

## **WHO Library Cataloguing-in-Publication Data**

**Policy recommendations on smoking cessation and treatment of tobacco dependence.**

**(Advancing tobacco control in the 21<sup>st</sup> century)**

**1.Smoking cessation – methods 2.Smoking cessation – standards 3.Smoking – psychology 4.Tobacco use disorder – therapy 5.Tobacco use disorder – drug therapy 6.Program evaluation 7.Health planning guidelines I.World Health Organization II.Series**

**ISBN 92 4 156240 4**

**(NLM classification: WM 290)**

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Printed in France

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## Acknowledgements

This document has been produced following the WHO meeting on Global Policy for Smoking Cessation which took place in Moscow on 14 and 15 June 2002. The purpose of the meeting was to develop policy recommendations for smoking cessation and treatment of tobacco dependence, taking into account countries' different national contexts, culture, health-care systems and financing capacity. The meeting was divided into three parts. The first part consisted of country-specific presentations on the status of smoking cessation activities; it highlighted the major barriers and challenges in developing national smoking-cessation programmes within national health care system. The presentations during the second part of the meeting addressed various cessation methods including: communication campaigns; Quit & Win campaigns; quitlines and Internet services; smoke-free places; behavioural interventions; nicotine replacement therapy and pharmacotherapies; adherence to smoking cessation therapies; training of health professionals; and future research needs and capacity-building. The last part of the meeting was conducted in the form of a workshop; it focused on translating the Mayo Clinic Recommendations on smoking cessation and treatment of tobacco dependence into feasible activities, taking into account the different levels of political will and availability of resources for tobacco control within countries.

The meeting was organized by Dr Vera da Costa e Silva (who also chaired the meeting), Nejma Macklai, Annemieke Brands and Sonia Huang of the WHO Tobacco Free Initiative (TFI) at Headquarters in Geneva; Dr Haik Nikogosian, Patsy Harrington, and Galina Kaern of the WHO Office for Europe in Copenhagen; and Dr Mikko Viennonnen and Diliara Sunyakova of the WHO Office in Moscow. Funds were generously provided by the Department for International Development Cooperation of the Finnish Ministry for Foreign Affairs (FINNIDA), and the meeting was graciously hosted by the Ministry of Health of the Russian Federation.

We wish to thank all the participants for sharing their expertise and for bringing their innovative ideas to the meeting. A special thanks goes to Ms Patsy Harrington and Dr Natasha Herrera for the development of background materials for the meeting, including a comprehensive framework for addressing smoking cessation and treatment of tobacco dependence. Also greatly appreciated is the evidence-based review of effective treatment for tobacco dependence (Chapter 3) by Jack E. Henningfield and Reginald V. Fant. The work of Jack Henningfield was supported by the WHO Tobacco Free Initiative and a Robert Wood Johnson Foundation Innovators Award. Both authors were provided with additional support by Pinney Associates. The contributions of all those experts, including Dr Martin Raw and



Ann McNeill, who were not able to attend the meeting, but who nevertheless provided valuable input during the development of this document, are also gratefully acknowledged.

The TFI Regional Advisers and their teams were extremely helpful in identifying national counterparts in the area of cessation and treatment of tobacco dependence and in facilitating their participation. The contributions of Dr Charles Maringo (AFRO), Dr Armando Peruga (AMRO/PAHO), Dr Haik Nikogosian (EURO), Dr Fatimah El Awa (EMRO), Dr Sawat Ramaboot (SEARO) and Dr Annette David (WPRO), in particular, are highly appreciated.

Previous versions of this document were put together by Nejma Macklai. As she took up another assignment, the document was further developed and finalized by Dr Vera da Costa e Silva and Annemieke Brands of the Tobacco Free Initiative (TFI) based in the Noncommunicable Diseases and Mental Health (NMH) cluster at WHO Headquarters in Geneva, Switzerland. We are grateful to Dr Douglas Bettcher, Dr Poonam Dhavan and Marjorie Granjon for refining the final draft, to Rosane Serrão for the layout and formatting, to Isabelle Goudal for the cover design, to Praveen Bhala and Alison Rowe for the editing and to Joy Adriano, Lizzie Tecson and Edward Olszewski for additional assistance.



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