

# CLIMATE AND HEALTH COUNTRY PROFILE – 2015

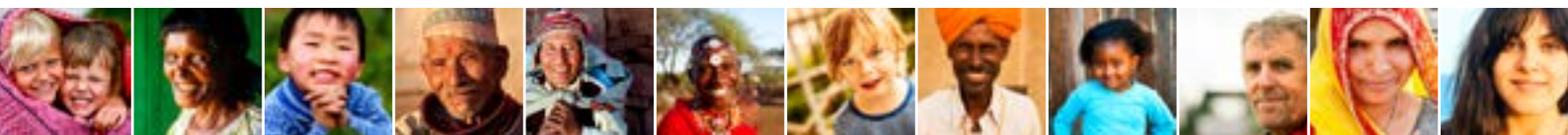
## TUNISIA



World Health  
Organization



United Nations  
Framework Convention on  
Climate Change



### OVERVIEW

The Republic of Tunisia is an upper-middle income country in North Africa, bordered by the Mediterranean Sea. In the northern mountainous coastal region, the climate sees mild and rainy winters and dry, hot summers; the south is semi arid desert.

Among Mediterranean countries, Tunisia is one of the most exposed to climate threats [Tunisia INDC, 2015]: facing rising temperatures, reduced rainfall, rising sea levels, and increased frequency of extreme weather events such as floods and droughts.

Climate change in Tunisia may see the resurgence of vector-borne diseases such as malaria, leishmaniasis and dengue fever. The rise in temperature may exacerbate respiratory diseases, and water-borne diseases may spread due to degradation of the quality of water resources [Tunisia INDC, 2015].

In 2014, Tunisia became the third country in the world to incorporate the need to protect against climate change in its constitution. Tunisia plans to implement adaptation strategies for the health threats of climate change, including capacity building and monitoring of vectors and vector-borne diseases [Tunisia INDC, 2015]. By 2030, Tunisia aims to reduce carbon intensity [GHG emissions against GDP] by 41%, compared to 2010 levels [Tunisia INDC, 2015].

### SUMMARY OF KEY FINDINGS

- In Tunisia, under a high emissions scenario, mean annual temperature is projected to rise by about 5.3°C on average from 1990 to 2100. If global emissions decrease rapidly, the temperature rise is limited to about 1.6°C (page 2).
- Under a high emissions scenario, the number of days of warm spell<sup>a</sup> is projected to increase from less than 10 days in 1990

to about 180 days on average in 2100. If global emissions decrease rapidly, the days of warm spell are limited to about 40 on average (page 2).

- In Tunisia, under a high emissions scenario, the risk of vector-borne diseases, such as dengue, could increase towards 2070 (page 3).
- In Tunisia, under a high emissions scenario, and without large investments in adaptation, an annual average of 78,700 people are projected to be affected by flooding due to sea level rise between 2070 and 2100. If global emissions decrease rapidly and there is a major scale up in protection the annual affected population could be limited to about 100 people (page 4).

### OPPORTUNITIES FOR ACTION

Tunisia has an approved national health adaptation strategy and has conducted a national assessment of climate change impacts, vulnerability and adaptation for health. Additionally, Tunisia is taking action to build institutional and technical capacities to work on climate change and health. Country reported data (see section 6) indicate that there remains opportunities for action in the following areas:

#### 1) Adaptation

- Implement projects on health adaptation to climate change.
- Take action to increase the climate resilience of health infrastructure.
- Estimate costs to implement health resilience to climate change and include these costs in planned allocations.

#### 2) Mitigation

- Conduct a valuation of the health co-benefits of climate change mitigation policies.

### DEMOGRAPHIC ESTIMATES

Population [2013] <sup>b</sup>	11 million
Population growth rate [2013] <sup>b</sup>	1.1 %
Population living in urban areas [2013] <sup>c</sup>	66.5 %
Population under five [2013] <sup>b</sup>	8.6 %
Population aged 65 or over [2013] <sup>b</sup>	7.4 %

### ECONOMIC AND DEVELOPMENT INDICATORS

GDP per capita [current US\$, 2013] <sup>d</sup>	4310 USD
Total expenditure on health as % of GDP [2013] <sup>e</sup>	7.1 %
Percentage share of income for lowest 20% of population [2010] <sup>d</sup>	6.8
HDI [2013, +/- 0.01 change from 2005 is indicated with arrow] <sup>f</sup>	0.721 ▲

### HEALTH ESTIMATES

Life expectancy at birth [2013] <sup>g</sup>	76 years
Under-5 mortality per 1000 live births [2013] <sup>h</sup>	15

a A 'warm spell' day is a day when maximum temperature, together with that of at least the 6 consecutive previous days, exceeds the 90th percentile threshold for that time of the year.

b World Population Prospects: The 2015 Revision, UNDESA [2015]

c World Urbanization Prospects: The 2014 Revision, UNDESA [2014]

d World Development Indicators, World Bank [2015]

e Global Health Expenditure Database, WHO [2014]

f United Nations Development Programme, Human Development Reports [2014]

g Global Health Observatory, WHO [2014]

h Levels & Trends in Child Mortality Report 2015, UN Inter-agency Group for Child Mortality Estimation [2015]

# CURRENT AND FUTURE CLIMATE HAZARDS

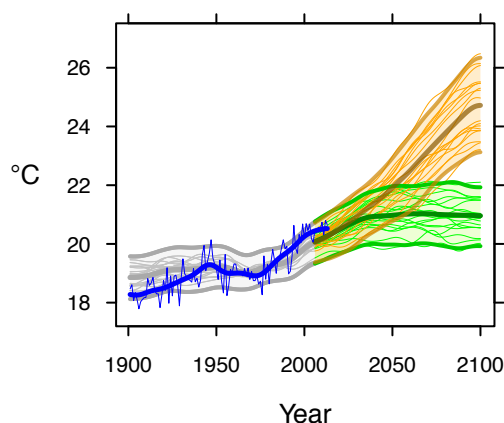
Due to climate change, many climate hazards and extreme weather events, such as heat waves, heavy rainfall and droughts, could become more frequent and more intense in many parts of the world.

Outlined here are country-specific projections up to the year 2100 for climate hazards under a 'business as usual' high emissions scenario compared to projections under a 'two-degree' scenario with rapidly decreasing global emissions. Most hazards caused by climate change will persist for many centuries.

## COUNTRY-SPECIFIC CLIMATE HAZARD PROJECTIONS

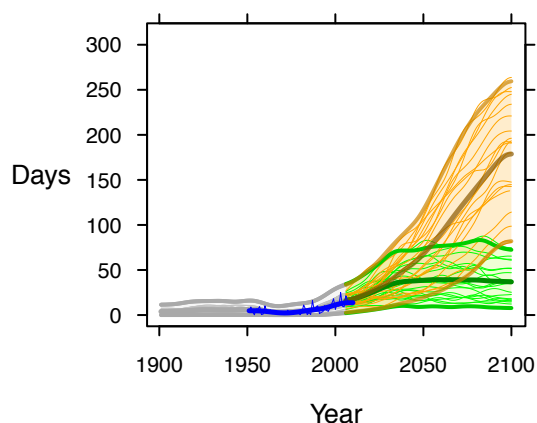
The model projections below present climate hazards under a high emissions scenario, Representative Concentration Pathway 8.5 [RCP8.5] (in orange) and a low emissions scenario, [RCP2.6] (in green).<sup>a</sup> The text boxes describe the projected changes averaged across about 20 models (thick line). The figures also show each model individually as well as the 90% model range (shaded) as a measure of uncertainty and, where available, the annual and smoothed observed record (in blue).<sup>b,c</sup>

### MEAN ANNUAL TEMPERATURE



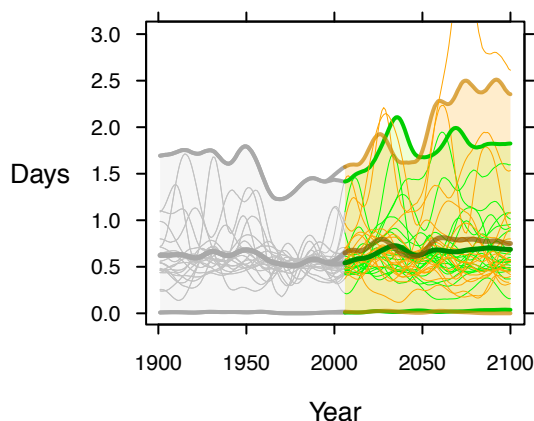
Under a high emissions scenario, mean annual temperature is projected to rise by about 5.3°C on average from 1990 to 2100. If emissions decrease rapidly, the temperature rise is limited to about 1.6°C.

### DAYS OF WARM SPELL ('HEAT WAVES')



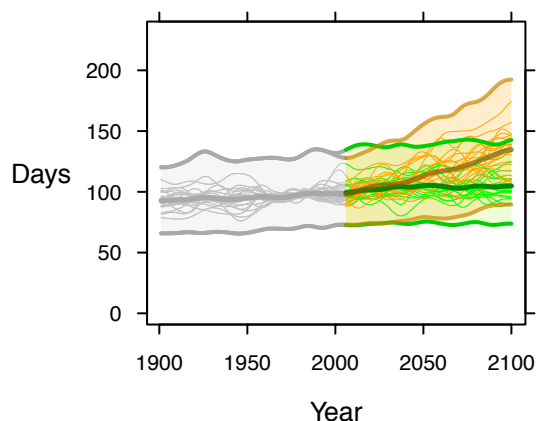
Under a high emissions scenario, the number of days of warm spell<sup>d</sup> is projected to increase from less than 10 days in 1990 to about 180 days on average in 2100. If emissions decrease rapidly, the days of warm spell are limited to about 40 on average.

### DAYS WITH EXTREME RAINFALL ('FLOOD RISK')



Under both high and low emissions scenarios, the number of days with very heavy precipitation (20 mm or more) remains very low, less than 1 day on average. A few models indicate small increases outside the range of historical variability under the high emissions scenario.

### CONSECUTIVE DRY DAYS ('DROUGHT')



Under a high emissions scenario, the longest dry spell is indicated to increase by about 35 days on average, from about 100 days on average in 1990, with continuing large year-to-year variability. If emissions decrease rapidly, the increase is limited to about 6 days on average.

<sup>a</sup> Model projections are from CMIP5 for RCP8.5 (high emissions) and RCP2.6 (low emissions). Model anomalies are added to the historical mean and smoothed.

<sup>b</sup> Observed historical record of mean temperature is from CRU-TSv3.22; observed historical records of extremes are from HadEX2.

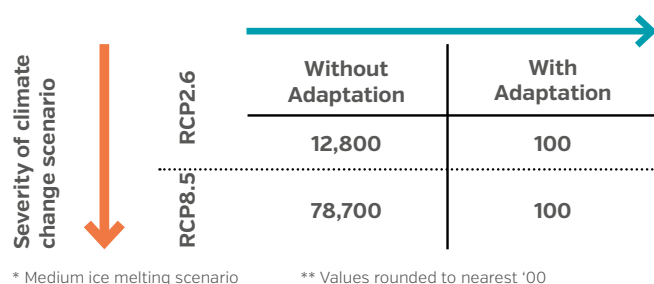
<sup>c</sup> Analysis by the Climatic Research Unit and Tyndall Centre for Climate Change Research, University of East Anglia, 2015.

<sup>d</sup> A 'warm spell' day is a day when maximum temperature, together with that of at least the 6 consecutive previous days, exceeds the 90th percentile threshold for that time of the year.

## CURRENT AND FUTURE HEALTH RISKS DUE TO CLIMATE CHANGE

Human health is profoundly affected by weather and climate. Climate change threatens to exacerbate today's health problems – deaths from extreme weather events, cardiovascular and respiratory diseases, infectious diseases and malnutrition – whilst undermining water and food supplies, infrastructure, health systems and social protection systems.

### ANNUAL EXPOSURE TO FLOODING DUE TO SEA LEVEL RISE, TUNISIA (2070–2100)



Under a high emissions scenario, and without large investments in adaptation, an annual average of 78,700 people are projected to be affected by flooding due to sea level rise between 2070 and 2100. If global emissions decrease rapidly and there is a major scale up in protection (i.e. continued construction/raising of dikes) the annual affected population could be limited to about 100 people. Adaptation alone will not offer sufficient protection, as sea level rise is a long-term process, with high emissions scenarios bringing increasing impacts well beyond the end of the century.

Source: Human dynamics of climate change, technical report, Met Office, HM Government, UK, 2014.



#### KEY IMPLICATIONS FOR HEALTH

In addition to deaths from drowning, flooding causes extensive indirect health effects, including impacts on food production, water provision, ecosystem disruption, infectious disease outbreak and vector distribution. Longer term effects of flooding may include post-traumatic stress and population displacement.

### INFECTIOUS AND VECTOR-BORNE DISEASES

#### Mean relative vectorial capacity for dengue fever transmission in Tunisia



The mean relative vectorial capacity for dengue fever transmission is projected to increase towards 2070 under both a high and low emissions scenario. The increase is greater under a high emissions scenario.

Source: Rocklöv, J., Quam, M. et al., 2015.<sup>c</sup>



#### KEY IMPLICATIONS FOR HEALTH

Some of the world's most virulent infections are also highly sensitive to climate: temperature, precipitation and humidity have a strong influence on the life-cycles of the vectors and the infectious agents they carry and influence the transmission of water and food-borne diseases.<sup>a</sup>

Socioeconomic development and health interventions are driving down burdens of several infectious diseases, and these projections assume that this will continue. However, climate conditions are projected to become significantly more favourable for transmission, slowing progress in reducing burdens, and increasing the populations at risk if control measures are not maintained or strengthened.<sup>b</sup>

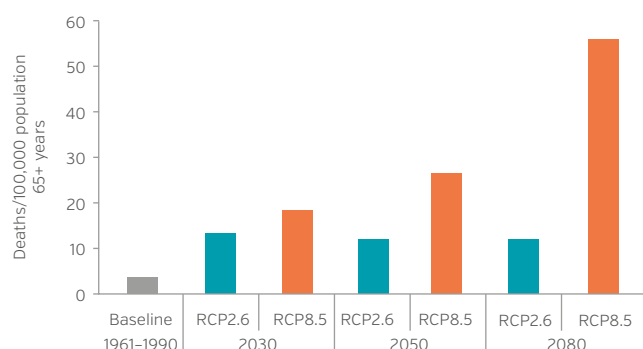
<sup>a</sup> Atlas of Health and Climate, World Health Organization and World Meteorological Organization, 2012.

<sup>b</sup> Quantitative risk assessment of the effects of climate change on selected causes of death, 2030s and 2050s. Geneva: World Health Organization, 2014.

<sup>c</sup> Country-level analysis, completed in 2015, was based on health models outlined in the Quantitative risk assessment of the effects of climate change on selected causes of death, 2030s and 2050s. Geneva: World Health Organization, 2014. The mean of impact estimates for three global climate models are presented. Models assume continued socioeconomic trends [SSP2 or comparable].

## HEAT-RELATED MORTALITY

Heat-related mortality in population 65 years or over, Tunisia  
(deaths / 100,000 population 65+ yrs)



Under a high emissions scenario heat-related deaths in the elderly (65+ years) are projected to increase to about 56 deaths per 100,000 by 2080 compared to the estimated baseline of under 4 deaths per 100,000 annually between 1961 and 1990. A rapid reduction in global emissions could limit heat-related deaths in the elderly to about 12 deaths per 100,000 in 2080.

Source: Honda et al., 2015.<sup>a</sup>



## KEY IMPLICATIONS FOR HEALTH

Climate change is expected to increase mean annual temperature and the intensity and frequency of heat waves resulting in a greater number of people at risk of heat-related medical conditions.

The elderly, children, the chronically ill, the socially isolated and at-risk occupational groups are particularly vulnerable to heat-related conditions.

## UNDERNUTRITION

Climate change, through higher temperatures, land and water scarcity, flooding, drought and displacement, negatively impacts agricultural production and causes breakdown in food systems. These disproportionately affect those most vulnerable people at risk to hunger and can lead to food insecurity. Vulnerable groups risk further deterioration into food and nutrition crises if exposed to extreme climate events.<sup>b</sup>

Without considerable efforts made to improve climate resilience, it has been estimated that the global risk of hunger and malnutrition could increase by up to 20 percent by 2050.<sup>b</sup>

In Tunisia, the prevalence of stunting in children under age 5 was 10.1% in 2012, the prevalence of underweight children and wasting in children under 5 was 2.3% and 2.8%, respectively, in 2012.<sup>c</sup>

<sup>a</sup> Country-level analysis, completed in 2015, was based on health models outlined in the Quantitative risk assessment of the effects of climate change on selected causes of death, 2030s and 2050s. Geneva: World Health Organization, 2014. The mean of impact estimates for three global climate models are presented. Models assume continued socioeconomic trends (SSP2 or comparable).

<sup>b</sup> World Food Project 2015 <https://www.wfp.org/content/two-minutes-climate-change-and-hunger>

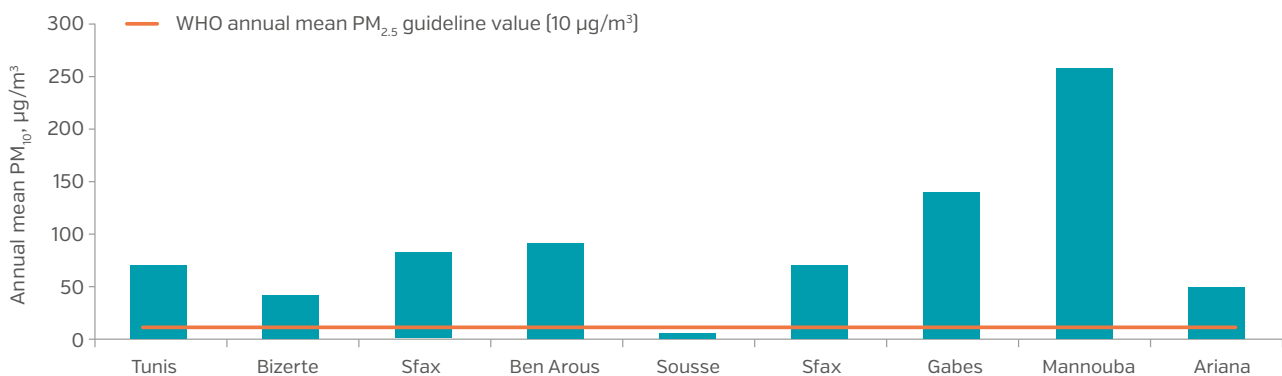
<sup>c</sup> World Health Organization, Global Database on Child Growth and Malnutrition [2015 edition]. Please see source for definitions of child malnutrition measures.. Note: these estimates are pending re-analysis, see source for further details.

## CURRENT EXPOSURES AND HEALTH RISKS DUE TO AIR POLLUTION

Many of the drivers of climate change, such as inefficient and polluting forms of energy and transport systems, also contribute to air pollution. Air pollution is now one of the largest global health risks, causing approximately seven million deaths every year. There is an important opportunity to promote policies that both protect the climate at a global level, and also have large and immediate health benefits at a local level.

### OUTDOOR AIR POLLUTION EXPOSURE

Outdoor air pollution in cities in Tunisia annual mean  $PM_{10}$  ( $\mu g/m^3$ ) 2010\*



Source: Government of Tunisia.



### KEY IMPLICATIONS FOR HEALTH

In Tunisia, most cities for which there was air pollution data available had annual mean  $PM_{10}$  levels that were above the WHO guideline value of  $20 \mu g/m^3$ .

Depending on the results recorded in the annual mean, Sfax city, Ben Arous, Gabes and Manouba control stations exceeded the permitted levels of Tunisian standards ( $80 \mu g/m^3$ ), this should be noted and based on digital modeling and to identify the sources of pollution, the majority of  $PM_{10}$  are derived from desert sand.

Outdoor air pollution can have direct and sometimes severe consequences for health.

Fine particles which penetrate deep into the respiratory tract subsequently increase mortality from respiratory infections, lung cancer and cardiovascular disease.

Source: Government of Tunisia.

## CO-BENEFITS TO HEALTH FROM CLIMATE CHANGE MITIGATION: A GLOBAL PERSPECTIVE

Health co-benefits are local, national and international measures with the potential to simultaneously yield large, immediate public health benefits and reduce the upward trajectory of greenhouse gas emissions. Lower carbon strategies can also be cost-effective investments for individuals and societies.

Presented here are examples, from a global perspective, of opportunities for health co-benefits that could be realised by action in important greenhouse gas emitting sectors.<sup>a</sup>

### Transport

Transport injuries lead to 1.2 million deaths every year, and land use and transport planning contribute to the 2–3 million deaths from physical inactivity. The transport sector is also responsible for some 14% [7.0 GtCO<sub>2</sub>e] of global carbon emissions. The IPCC has noted significant opportunities to reduce energy demand in the sector, potentially resulting in a 15%–40% reduction in CO<sub>2</sub> emissions, and bringing substantial opportunities for health: A modal shift towards walking and cycling could see reductions in illnesses related to physical inactivity and reduced outdoor air pollution and noise exposure; increased use of public transport is likely to result in reduced GHG emissions; compact urban planning fosters walkable residential neighborhoods, improves accessibility to jobs, schools and services and can encourage physical activity and improve health equity by making urban services more accessible to the elderly and poor.



### Electricity Generation

Current patterns of electricity generation in many parts of the world, particularly the reliance on coal combustion in highly polluting power plants, contribute heavily to poor local air quality, causing cancer, cardiovascular and respiratory disease. Outdoor air pollution is responsible for 3.7 million premature deaths annually. High-income countries still have work to do in transitioning to cleaner and healthier energy sources.

The health benefits of transitioning from fuels such as coal to lower carbon sources, including ultimately to renewable energy, are clear: Reduced rates of cardiovascular and respiratory disease such as stroke, lung cancer, coronary artery disease, and COPD; cost-savings for health systems; improved economic productivity from a healthier and more productive workforce.



### Food and Agriculture

Agricultural emissions account for some 5.0–5.8 GtCO<sub>2</sub>e annually, with food and nutrition constituting an important determinant of health. Many high-income countries are feeling the burden of poor diet and obesity-related diseases, with some 1.9 billion adults overweight globally.

A wide range of interventions designed to reduce emissions from agriculture and land-use will also yield positive benefits for public health. For example, policy and behavioural interventions to encourage a reduction



### Healthcare Systems

Health care activities are an important source of greenhouse gas emissions. In the US and in EU countries, for example, health care activities account for between 3–8% of greenhouse gas (CO<sub>2</sub>-eq) emissions. Major sources include procurement and inefficient energy consumption. Modern, on-site, low-carbon energy solutions (e.g. solar, wind, or hybrid solutions) and the development of combined heat and power generation capacity in larger facilities offer significant potential to lower the health sector's carbon



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