



mhGAP training manuals

for the mhGAP intervention guide for mental,
neurological and substance use disorders in
non-specialized health settings – version 2.0

(for field testing)



World Health
Organization

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Contents

Acronyms and abbreviations	iv
Acknowledgements	v
Read me first	viii
mhGAP Training of Trainers and Supervisors (ToTS) Training manual	1
Introduction to the Training of Trainers and Supervisors training manual	3
Conducting the Training of Trainers and Supervisors	15
ToTS PowerPoint slide presentation (available online)	33
ToTS supporting material and training forms	35
mhGAP Training of Health-care Providers (ToHP) Training manual	57
Introduction to the Training of Health-care Providers Training manual	59
Modules: PowerPoint slide presentations and supporting materials (available online)	68
INTRO Introduction to mhGAP	73
ECP Essential care and practice	89
DEP Depression	141
PSY Psychoses	177
EPI Epilepsy	211
CMH Child and adolescent mental and behavioural disorders	245
DEM Dementia	291
SUB Disorders due to substance use	321
SUI Self-harm/suicide	361
OTH Other significant mental health complaints	385
ToHP training forms	419
ToHP participant's logbook	439
Bibliography	465

Acronyms and abbreviations

AA-HA!	Global Accelerated Action for the Health of Adolescents (WHO)
ADHD	attention deficit hyperactivity disorder
AEDs	antiepileptic drugs
CBT	cognitive behavioural therapy
DALYs	disability-adjusted life years
ECP	essential care and practice
EPS	extrapyramidal symptoms
HIC	high-income countries
i.m.	intramuscular
IMCI	Management of Childhood Illness
IPT	group interpersonal therapy
i.v.	intravenous
LMIC	low- and middle-income countries
LIVES	Listen, Inquire, Validate, Enhance safety, Support (intervention)
MCQs	multiple choice questions
MDMA	3,4-methylenedioxymethamphetamine
MDT	multidisciplinary team
mhGAP-IG	Mental Health Gap Action Programme Intervention Guide
MNS	mental, neurological and substance use (disorders)
NGO	nongovernmental organization
OSCE	observed structural clinical examination
PM+	problem management plus
PTSD	post-traumatic stress disorder
SSRIs	selective serotonin reuptake inhibitors
TCAs	tricyclic antidepressants
THC	tetrahydrocannabinol
TNA	training needs assessment
ToHP	Training of Health-care Providers training manual
ToTS	Training of Trainers and Supervisors training manual

mhGAP-IG Version 2.0 module abbreviations:

CMH	Child and adolescent mental and behavioural disorders
DEM	Dementia
DEP	Depression
ECP	Essential care and practice
EPI	Epilepsy
OTH	Other significant mental health complaints
PSY	Psychoses
SUB	Disorders due to substance use
SUI	Self-harm/suicide

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