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Cover credit: Musanna Nabi Chowdhury, 21, Bangladesh

Best concept design, Category B (age 18-25 years), WHO South-East Asia Regional MindART Competition on the World Health Day 2017 theme on depression

Explanation of the artwork by the young artist:

"It is difficult to help those who don't admit they are hurting. Losing self-esteem every day, they fail to make space for themselves in this colourful world. They need to open-up to someone, talk their way out of the dark world. A little bit of nurturing and a whole lot of love and attention can do wonders for them!"

Mental Health Status of Adolescents in South-East Asia: Evidence for Action

April, 2017

Mental health status of adolescents in South-East Asia: Evidence for action

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Acronyms

CDC	Centers for Disease Control and Prevention, Atlanta, USA
CI	Confidence Interval
DALYs	The disability-adjusted life years
GSHS	Global School-based Student Health Surveys
SEA	South-East Asia
SDGs	Sustainable Development Goals
SEAR	South-East Asia Region
WHO	World Health Organization

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