# VIRAL HEPATITIS SITUATION AND RESPONSE IN KIRIBATI

2015



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ISBN 978 92 9061 824 9

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**Suggested citation.** Viral hepatitis situation and response in Kiribati 2015. World Health Organization Regional Office for the Western Pacific; 2017. Licence: CC BY-NC-SA 3.0 IGO.

**Cataloguing-in-Publication (CIP) data.** 1. Hepatitis, Viral, Human – epidemiology, prevention and control. 2. Micronesia. I. World Health Organization Regional Office for the Western Pacific. (NLM Classification: WC 536)

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#### **ABBREVIATIONS**

anti-HBs hepatitis B surface antibody

anti-HBc hepatitis B core antibody (Total)

APRI aspartate aminotransferase-to-platelet ratio index

AST aspartate aminotransferase

CI 95% Confidence interval

DHS Demographic and Health Survey

EPI Expanded Programme on Immunization

FBC full blood count (haemoglobin, white blood cells and platelets)

HBcAb hepatitis B core antibody

HBeAG hepatitis B e-antigen
HBeAG hepatitis B e-antigen

HBsAg hepatitis B surface antigen

HBV hepatitis B virus
HCV hepatitis C virus
HDV hepatitis D virus

HDV RNA hepatitis D RNA viral load
HIS Health Information Service

KFHA Kiribati Family Health Association

MSM men who have sex with men

MTC Marine Training Centre

NCD noncommunicable disease

NMTC National Medicines and Therapeutics Committee

PEN WHO Package of Essential Noncommunicable Disease

Interventions for Primary Health Care in Low-Resource Settings

STEPS STEPwise approach to surveillance

STI sexually transmitted infection

TCH Tungaru Central Hospital

VCCT voluntary confidential counselling and testing

VH viral hepatitis

VIDRL Victorian Infectious Diseases Reference Laboratory

WHO World Health Organization

#### **ACKNOWLEDGEMENTS**

We thank the Kiribati Ministry of Health and Medical Services for supporting the work of the review team from the World Health Organization (WHO) Regional Office for the Western Pacific, which prepared this report. Akineti Nikuata, National Programme Officer, of WHO Kiribati coordinated the local meetings and visits, arranged a technical meeting on 26 August 2015 and assisted with compiling data for the report. We thank Andre Reiffer, the WHO Country Liaison Officer to Kiribati, for his guidance during the process and Eric Wiesen, former technical officer for hepatitis B immunization at the WHO Regional Office for the Western Pacific in 2015, for his identification of the need to move beyond immunization in Kiribati and making this review team mission possible.

The report was written by Julia Scott, consultant, and Nick Walsh, former Medical Officer (Viral Hepatitis), WHO Regional Office for the Western Pacific.

#### **EXECUTIVE SUMMARY**

A review of the viral hepatitis situation and response in Kiribati was carried out by a team from the World Health Organization (WHO) Regional Office for the Western Pacific in collaboration with the WHO Kiribati Country Liaison Office and the Kiribati Ministry of Health and Medical Services. The review took place from 24 August to 3 September 2015. The review team visited public hospitals, clinics and other services involved in viral hepatitis in South Tarawa and North Tarawa. The team reviewed infection control policies and practices in these settings, and met with health-care workers and community members. A technical meeting of key stakeholders was held on 26 August 2015 to discuss the burden of viral hepatitis and related liver disease, and strategies to achieve access to hepatitis B treatment in Kiribati.

Hepatitis B is highly endemic in Kiribati. Studies from past decades and recent laboratory data have indicated an adult prevalence of at least 15%. Hepatitis B immunization has resulted in a much lower childhood prevalence of hepatitis B surface antigen (HBsAg) at 3.3% among children 5–9 years old. However, this remains above the regional target. Hepatitis C prevalence in Kiribati is low, and as is incidence of hepatitis A and E and prevalence of hepatitis D, although data from the 1990s indicate that hepatitis D virus (HDV) is present. Transmission of hepatitis B has been predominantly mother-to-child and early horizontal, but other possible mechanisms for transmission exist, including sexual transmission and transmission in health-care settings.

There is low community awareness of hepatitis, and there is neither a specific national policy nor focal point for hepatitis. Data collection is very limited and the hepatitis treatment burden is unknown. There are limited data on cirrhosis and hepatocellular carcinoma. The hepatitis B infant immunization programme has shown success, though birth-dose coverage remains insufficient, and there have been limited catch-up vaccination initiatives to older groups. Policies for vaccinating close contacts of people with hepatitis B virus (HBV) and health-care workers do exist, though implementation is limited. Adult HBV vaccination is provided to some health-care workers and seafarers during vocational training. Infection prevention and control policies exist, but a lack of training and implementation have hampered the effectiveness of these policies.

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