



Nepal



World Health  
Organization

REGIONAL OFFICE FOR

South-East Asia

# Confronting Rubella

The story of how Nepal protected  
its people from rubella and  
congenital rubella syndrome



# Confronting Rubella

---

The story of how Nepal protected its people from  
rubella and congenital rubella syndrome



REGIONAL OFFICE FOR

**World Health  
Organization**

**South-East Asia**

**Confronting Rubella:** The story of how Nepal protected its people from rubella and congenital rubella syndrome

**ISBN 978-92-9022-685-7**

**© World Health Organization 2018**

Some rights reserved. This work is available under the Creative Commons Attribution-NonCommercial-ShareAlike 3.0 IGO licence (CC BY-NC-SA 3.0 IGO; <https://creativecommons.org/licenses/by-nc-sa/3.0/igo>).

Under the terms of this licence, you may copy, redistribute and adapt the work for non-commercial purposes, provided the work is appropriately cited, as indicated below. In any use of this work, there should be no suggestion that WHO endorses any specific organization, products or services. The use of the WHO logo is not permitted. If you adapt the work, then you must license your work under the same or equivalent Creative Commons licence. If you create a translation of this work, you should add the following disclaimer along with the suggested citation: “This translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition”.

Any mediation relating to disputes arising under the licence shall be conducted in accordance with the mediation rules of the World Intellectual Property Organization.

Suggested citation. Confronting Rubella. The story of how Nepal protected its people from rubella and congenital rubella syndrome. New Delhi: World Health Organization, Regional Office for South-East Asia; 2018. Licence: CC BY-NC-SA 3.0 IGO.

Cataloguing-in-Publication (CIP) data. CIP data are available at <http://apps.who.int/iris>.

Sales, rights and licensing. To purchase WHO publications, see <http://apps.who.int/bookorders>. To submit requests for commercial use and queries on rights and licensing, see <http://www.who.int/about/licensing>.

Third-party materials. If you wish to reuse material from this work that is attributed to a third party, such as tables, figures or images, it is your responsibility to determine whether permission is needed for that reuse and to obtain permission from the copyright holder. The risk of claims resulting from infringement of any third-party-owned component in the work rests solely with the user.

General disclaimers. The designations employed and the presentation of the material in this publication do not imply the expression of any opinion whatsoever on the part of WHO concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement. The mention of specific companies or of certain manufacturers' products does not imply that they are endorsed or recommended by WHO in preference to others of a similar nature that are not mentioned. Errors and omissions excepted, the names of proprietary products are distinguished by initial capital letters.

All reasonable precautions have been taken by WHO to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall WHO be liable for damages arising from its use.

**Photos: © WHO/Country Office for Nepal**

# CONTENTS

---

FOREWORD

V

---

THE TASK

05

---

INFRASTRUCTURE

12

---

SURVEILLANCE AND  
VERIFICATION

21

---

INTRODUCTION

01

---

LEADERSHIP

06

---

PARTNERSHIPS

15

---

LESSONS LEARNT

24

---

SIGNIFICANT EVENTS

02

---

PLANNING


09

---

THE RUBELLA VACCINE

16





**“ GOAL: TO REDUCE CHILD  
MORTALITY, MORBIDITY AND  
DISABILITY ASSOCIATED  
WITH VACCINE PREVENTABLE  
DISEASES. ”**

---

– Mission statement of the National Immunization Programme run by  
the Ministry of Health and Population, Government of Nepal

# FOREWORD

Nepal has demonstrated that where there is a will, there is indeed a way.

Devastated by the terrible earthquake of April 2015, Nepal has nevertheless pursued the goal set by the Sixty-sixth session of the Regional Committee in 2013 – to control rubella and congenital rubella syndrome – with tenacious resolve. So much so that it has achieved these outcomes two years ahead of the deadline.

The commencement of case-based rubella surveillance, mandatory reporting and the introduction of the rubella vaccination in 2013, coupled with the introduction of the second dose of the rubella vaccination in 2015, led to a dramatic decline in rubella cases, from well over a thousand in 2009 to a handful in 2017.

These achievements were made via the Ministry of Health's leadership and strategic acumen, alongside cooperation between government and development partners and the efforts of countless health workers and officials at the grassroots.

Nepal has led the Region in its efforts to deliver primary health care to all its people, achieving high immunization coverage, not only for measles and rubella, but for all vaccine-preventable diseases. The country's goal of achieving 100% fully immunized districts, powered by the strength of local institutions, will drive many successes related to the control or elimination of vaccine-preventable diseases.

WHO looks forward to continuing to work with Nepal to this end to eliminating other vaccine-preventable diseases. I extend my warmest congratulations to the Government of Nepal for controlling rubella and congenital rubella syndrome well ahead of time.

**Dr Poonam Khetrapal Singh**

Regional Director

WHO South-East Asia Region



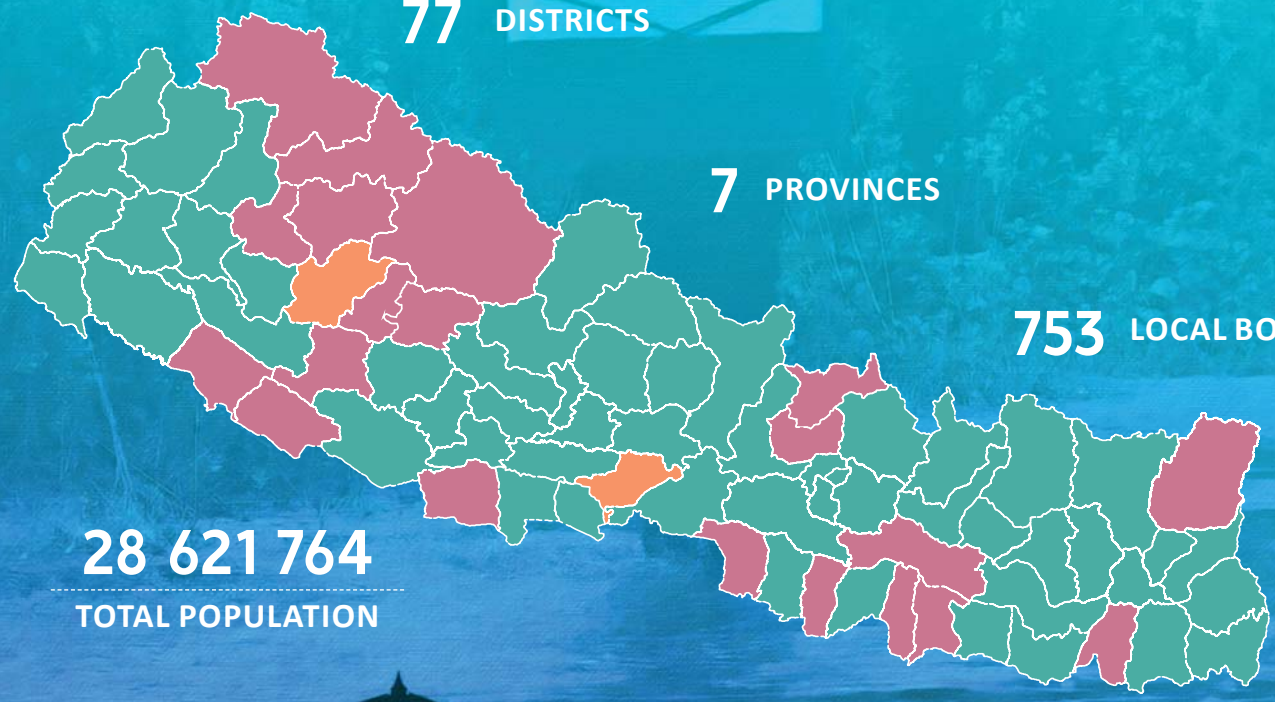


77 DISTRICTS

7 PROVINCES

753 LOCAL BODIES

28 621 764  
TOTAL POPULATION



预览已结束，完整报告链接和二维码如下：

[https://www.yunbaogao.cn/report/index/report?reportId=5\\_25465](https://www.yunbaogao.cn/report/index/report?reportId=5_25465)

