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The World Health Organization (WHO) has developed a suite of tools to facilitate evidence-informed policy planning to promote healthy diets and improve nutrition.

These tools have been developed for policy-makers, programme managers and other interested stakeholders. They can be used to:

help assess and prioritize a country's nutrition problem;

identify evidence-informed interventions;

assess a country's readiness to accelerate actions;

estimate impact, costs and other resource needs for taking action;

learn best practices from other countries; and

track progress against the global nutrition targets.

## ACCELERATING ACTION TOWARD ACHIEVING THE GLOBAL NUTRITION TARGETS AND THE DIET-RELATED NCD TARGETS



40% reduction in the number of children under 5 who are stunted



No increase in childhood overweight



50% reduction of anaemia in women of reproductive age



Increase the rate of exclusive breastfeeding in the first 6 months up to at least 50%



30% reduction in low birth weight



Reduce and maintain childhood wasting to less than 5%



30% relative reduction in mean population intake of salt/sodium



25% relative reduction in the prevalence of raised blood pressure or contain the prevalence of raised blood pressure, according to national circumstances









Halt the rise in diabetes and obesity



# POLICY PLANNING TOOLS FOR NUTRITION AND HEALTHY DIETS



 <b>GLOBAL DATABASE ON IMPLEMENTATION OF NUTRITION ACTION (GINA)</b>	 <b>NUTRITION LANDSCAPE INFORMATION SYSTEM (NLiS)</b>	 <b>LANDSCAPE ANALYSIS ON COUNTRIES' READINESS TO ACCELERATE ACTION IN NUTRITION</b>	 <b>E-LIBRARY OF EVIDENCE FOR NUTRITION ACTIONS (eLENA)</b>	 <b>ONEHEALTH TOOL (OHT)</b>	 <b>TRACKING TOOL</b>
<b>What is GINA?</b>  GINA is an interactive platform that provides information and experiences from almost 200 countries in developing and implementing policies and interventions to promote healthy diets and improve nutrition. GINA contains more than 9000 items of data on policies, actions, governance mechanisms and commitments for the Decade of Action on Nutrition (2016–2025). Information can be accessed, for example, by country, data type, partners and year of implementation.	<b>What is NLiS?</b>  NLiS is a dynamic web-based tool that summarizes information from a number of nutrition-related databases maintained by WHO and partner agencies. It presents this information in the form of country profiles showing indicators related to nutrition, health services, food security, caring practices, commitment, capacity, policies and actions. The country profiles also show the most recent national data for the 21 indicators of the Global Nutrition Monitoring Framework, which can be used to assess a country's status in achieving the global nutrition targets.	<b>What are the landscape analysis tools?</b>  The landscape analysis tools provide a methodology for a rapid, participatory assessment of a country's readiness to scale up actions to accelerate action in nutrition, by providing information on where to invest and how to do so most effectively. The tools examine stakeholders' readiness (measured by commitment and capacity) to scale up evidence-informed interventions. They include questionnaires and guidance on how to plan a country assessment, undertake preliminary desk reviews, conduct interviews to collect information, and analyse and disseminate the outcomes of the analysis.	<b>What is eLENA?</b>  eLENA is an online library of evidence-informed guidance for nutrition interventions, based on WHO guidelines and recommendations. In addition to the evidence base for each intervention, eLENA provides users with information on cost–effectiveness, and whether interventions might be useful in achieving global nutrition targets and diet-related noncommunicable disease (NCD) targets.	<b>What is OHT?</b>  OHT is a software tool that is designed to inform national strategic health planning. It estimates the costs and other resource needs for implementing evidence-informed health and nutrition actions, as well as their impacts, including different scaling-up scenarios. The tool includes default values for all the WHO essential nutrition actions to target the first 1000 days of life, and other interventions, such as the provision of safe water, sanitation and hygiene (WASH).	<b>What is the Tracking Tool?</b>  The Tracking Tool was developed by WHO in collaboration with the European Commission (EC) and the United Nations Children's Fund (UNICEF), to help countries set their national nutrition targets and monitor progress. It allows users to look at their baseline or current trends, and explore scenarios that consider different rates of progress towards 2025, assessing changes in prevalence and number affected. The tool's underlying data are updated as new country and global estimates become available.
<b>When to use GINA?</b>  Use GINA if you are looking for information about what kind of policy actions countries are implementing, or how other countries may be implementing different policies, actions, governance mechanisms and commitments to promote healthy diets and improve the nutrition of their population.	<b>When to use NLiS?</b>  Use NLiS if you need an overview of your country's nutrition situation or of other countries' nutrition situation. By generating country profiles, you can monitor country progress or advocate for required actions to be taken to promote healthy diets and improve nutrition.	<b>When to use the landscape analysis tools?</b>  Use these tools if you need to assess commitment and capacity gaps in your country; for example, as part of the process for developing or revising nutrition policies, strategies or action plans.	<b>When to use eLENA?</b>  Use eLENA to identify relevant evidence-informed interventions for addressing priority diet-related and nutrition-related problems that your country is facing, and interventions for achieving global nutrition targets and diet-related NCD targets.	<b>When to use OHT?</b>  Use OHT if you need to plan and prioritize nutrition actions and calculate estimated costs for taking those actions. You can also use OHT to assess and identify health-system bottlenecks for scaling-up nutrition actions.	<b>When to use the Tracking Tool?</b>  Use the Tracking Tool if you need information on your nutrition targets' baseline and current trends, or to set and monitor your national targets.



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