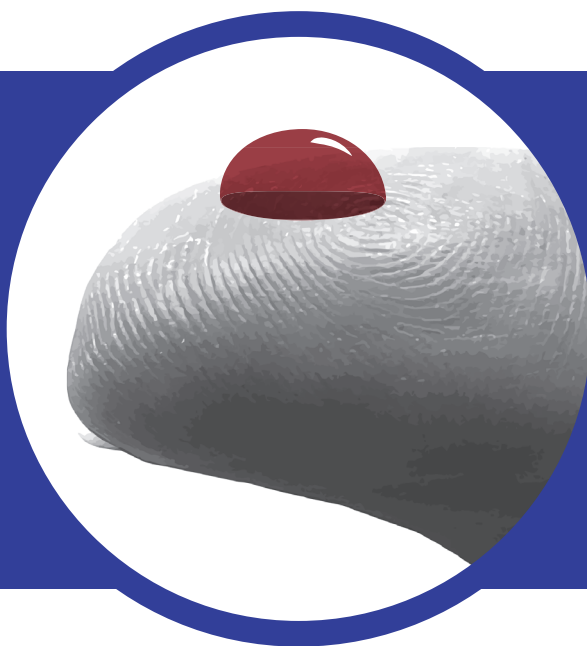




Diagnosis and Management of Type 2 Diabetes



**World Health
Organization**



**International
Diabetes
Federation**



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Abbreviations

ACE	angiotensin-converting enzyme
ACR	albumin-to-creatinine ratio
CVD	cardiovascular disease
eGFR	estimated glomerular filtration rate
FPG	fasting plasma glucose
GAD	glutamic acid decarboxylase
GFR	glomerular filtration rate
HbA1c	glycated haemoglobin
HHS	hyperosmolar hyperglycaemic state
PAD	peripheral artery disease
LOPS	loss of protective sensation
NPH	neutral protamine Hagedorn
PCR	protein-to-creatinine ratio
RPG	random plasma glucose
T2DM	type 2 diabetes mellitus



Diagnosis and management of type 2 diabetes

Part of the HEARTS technical package for cardiovascular disease management in primary health care

Diagnosis and management of type 2 diabetes is based on WHO guidance on diagnosis, classification and management of diabetes. It is aligned with the WHO Package of Essential Noncommunicable Disease Interventions in Primary Health Care (WHO-PEN). It can be used independently or in conjunction with the HEARTS technical package developed to improve cardiovascular health.

Target users may vary, based on context, existing health systems and national priorities.

The people who will find the modules most useful are:

- **National level – Ministry of Health NCD policymakers responsible for:**
 - developing strategies, policies and plans related to service delivery of diabetes
 - setting national targets on diabetes, monitoring progress and reporting
- **Subnational level – Health/NCD programme managers responsible for:**
 - planning, training, implementing and monitoring service delivery
- **Primary care level – Facility managers and primary health care staff and trainers responsible for:**
 - assigning tasks, organising training and ensuring the facility is running smoothly
 - clinical management of people with type 2 diabetes
 - collecting facility-level data on indicators of progress towards diabetes targets.

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