



# **NUTRITION ACTION IN SCHOOLS: A REVIEW OF THE EVIDENCE RELATED TO THE NUTRITION-FRIENDLY SCHOOLS INITIATIVE**



**World Health  
Organization**



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# ABBREVIATIONS AND ACRONYMS

<b>AMSTAR</b>	Assessment of Multiple Systematic Reviews	<b>NFSI</b>	Nutrition-Friendly Schools Initiative
<b>BMI</b>	body mass index	<b>NUGAG</b>	WHO Nutrition Guidance Expert Advisory Group
<b>CBA</b>	controlled before and after	<b>OR</b>	odds ratio
<b>CI</b>	confidence interval	<b>PA</b>	physical activity
<b>DBP</b>	diastolic blood pressure	<b>PE</b>	physical education
<b>eLENA</b>	WHO e-Library of Evidence for Nutrition Actions	<b>PR</b>	prevalence ratio
<b>F&amp;V</b>	fruit and vegetables	<b>RCT</b>	randomized controlled trial
<b>FAO</b>	Food and Agriculture Organization of the United Nations	<b>RR</b>	relative risk
<b>FFE</b>	food for education	<b>SBP</b>	systolic blood pressure
<b>GNPR2</b>	Second WHO Global Nutrition Policy Review 2016-2017	<b>SDG</b>	Sustainable Development Goal
<b>HAZ</b>	height-for-age z-score	<b>SDS</b>	standard deviation score
<b>HDL-C</b>	high-density lipoprotein-cholesterol	<b>SMD</b>	standard mean difference
<b>HIC</b>	high-income countries	<b>SSB</b>	sugar-sweetened beverage
<b>HPS</b>	WHO Health Promoting Schools	<b>UMIC</b>	upper-middle-income countries
<b>ICT</b>	information and communication technology	<b>UNESCO</b>	United Nations Educational, Scientific and Cultural Organization
<b>IDD</b>	iodine deficiency disorders	<b>UNICEF</b>	United Nations Children's Fund
<b>LDL-C</b>	low-density lipoprotein-cholesterol	<b>UNSCN</b>	United Nations System Standing Committee on Nutrition
<b>LIC</b>	low-income countries	<b>USDA</b>	United States Department of Agriculture
<b>LMIC</b>	lower-middle-income countries	<b>WASH</b>	water, sanitation and hygiene
<b>MD</b>	mean difference	<b>WAZ</b>	weight-for-age z-score
<b>.....</b>		<b>WFP</b>	World Food Programme

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