



# Abortion care guideline





## Abortion care guideline

Abortion care guideline

ISBN 978-92-4-003948-3 (electronic version) ISBN 978-92-4-003949-0 (print version)

### © World Health Organization 2022

Some rights reserved. This work is available under the Creative Commons Attribution-NonCommercial-ShareAlike 3.0 IGO licence (CC BY-NC-SA 3.0 IGO; https://creativecommons.org/licenses/by-nc-sa/3.0/igo).

Under the terms of this licence, you may copy, redistribute and adapt the work for non-commercial purposes, provided the work is appropriately cited, as indicated below. In any use of this work, there should be no suggestion that WHO endorses any specific organization, products or services. The use of the WHO logo is not permitted. If you adapt the work, then you must license your work under the same or equivalent Creative Commons licence. If you create a translation of this work, you should add the following disclaimer along with the suggested citation: "This translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition".

Any mediation relating to disputes arising under the licence shall be conducted in accordance with the mediation rules of the World Intellectual Property Organization (http://www.wipo.int/amc/en/mediation/rules/).

**Suggested citation**. Abortion care guideline. Geneva: World Health Organization; 2022. Licence: CC BY-NC-SA 3.0 IGO.

Cataloguing-in-Publication (CIP) data. CIP data are available at http://apps.who.int/iris.

**Sales, rights and licensing.** To purchase WHO publications, see http://apps.who.int/bookorders. To submit requests for commercial use and queries on rights and licensing, see https://www.who.int/copyright.

**Third-party materials.** If you wish to reuse material from this work that is attributed to a third party, such as tables, figures or images, it is your responsibility to determine whether permission is needed for that reuse and to obtain permission from the copyright holder. The risk of claims resulting from infringement of any third-party-owned component in the work rests solely with the user.

**General disclaimers.** The designations employed and the presentation of the material in this publication do not imply the expression of any opinion whatsoever on the part of WHO concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

The mention of specific companies or of certain manufacturers' products does not imply that they are endorsed or recommended by WHO in preference to others of a similar nature that are not mentioned. Errors and omissions excepted, the names of proprietary products are distinguished by initial capital letters.

All reasonable precautions have been taken by WHO to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall WHO be liable for damages arising from its use.

Design and layout: Little Unicorns

### Contents

Acknowledgements	vii
Acronyms and abbreviations	xi
Glossary	xiii
Executive summary	xix
Chapter 1. Introduction	1
1.1 Background and context	1
1.2 Guideline objective, rationale, target audience, inclusivity and structure	2
1.2.1 Objective and rationale	3
1.2.2 Target audience	3
1.2.3 Equity, inclusivity and people-centred care	3
1.2.4 Conceptual structure of the guideline	4
1.3 An enabling environment for comprehensive abortion care	5
1.3.1 Human rights including a supportive framework of law and policy	7
1.3.2 Availability and accessibility of information	12
1.3.3 Health system factors	12
1.4 Health system considerations	13
1.4.1 Universal health coverage and primary health care	13
1.4.2 Health financing	14
1.4.3. Health workforce competencies and training	16
1.4.4 Commodities	16
1.4.5 Monitoring and evaluation of quality abortion care	18
Chapter 2. Abortion regulation including relevant recommendations	21
2.1 Common approaches to abortion regulation	22
2.2 Recommendations relating to regulation of abortion	22
2.2.1 Criminalization of abortion	24
2.2.2 Grounds-based approaches to controlling access to abortion	26
2.2.3 Gestational age limits	28

Chapter 3. Recommendations and best practice statements across the continuum of abortion care	e31
3.1 Background	32
3.1.1 Structure of information in this chapter	32
3.1.2 Underlying principles and assumptions relating to recommendations on health worker roles	33
3.2 Services applicable across the continuum of care	34
3.2.1 Providing information	34
3.2.2 Offering and providing counselling	37
3.2.3 Links to additional services	40
3.3 Pre-abortion	41
3.3.1 Mandatory waiting periods imposed by States, health-care facilities or health workers	41
3.3.2 Third-party authorization for abortion	42
3.3.3 Rh isoimmunization	44
3.3.4 Antibiotic prophylaxis	46
3.3.5 Determining gestational age of pregnancy	47
3.3.6 Pain management for abortion	49
3.3.7 Cervical priming prior to surgical abortion	54
3.3.8 Restrictions (in law or policy) on health workers who may lawfully provide abortion care	59
3.3.9 Conscientious objection or refusal by health workers to provide abortion care	60
3.4 Abortion	62
3.4.1 Methods of surgical abortion	63
3.4.2 Medical management of induced abortion	67
3.4.3 Missed abortion	74
3.4.4 Intrauterine fetal demise (IUFD)	76
3.5 Post-abortion	79
3.5.1 Follow-up care after abortion	79
3.5.2 Incomplete abortion	81
3.5.3 Management of non-life-threatening complications: infection and haemorrhage	85
3.5.4 Post-abortion contraception	88
3.6 Service-delivery options and self-management approaches	94
3.6.1 Supported service-delivery approaches	94
3.6.2 Self-management approaches for medical abortion in whole or in part	98
3.6.3 Self-management approaches for post-abortion contraception	100
Chapter 4. Dissemination, applicability, research gaps and future updates of the guideline and recommendations	105
4.1 Dissemination	105
4.2 Implementation and impact evaluation of the guideline	105
4.3 Research gaps/topics for further research	106
References	109
Annex 1. External experts and WHO staff involved in guideline development	120
Annex 2. Selected human rights treaties and their treaty monitoring bodies	128
Annex 3. References for the glossary	129
Annex 4. Guideline development methods and process	130
Annex 5. Health worker categories and roles	139

Annex 6. Monitoring and evaluation of quality abortion care: identification of indicators	140
Annex 7. Systematic reviews and links to PICOs and recommendations	141
Annex 8. Law and policy domain PICO questions	145
Annex 9. Clinical services domain PICO questions	151
Annex 10. Service delivery domain PICO questions	160
Annex 11. Details about guideline dissemination and updating	169

### Supplementary materials and web annexes available online:

- Web annex A. Key international human rights standards on abortion: https://apps.who.int/iris/bitstream/handle/10665/349317/9789240039506-eng.pdf
- Web annex B. Technical meetings during guideline development: https://apps.who.int/iris/bitstream/handle/10665/349318/9789240039513-eng.pdf
- Supplementary material 1. Evidence-to-Decision frameworks for the law and policy recommendations: https://www.who.int/publications/i/item/9789240039483
- Supplementary material 2. Evidence-to-Decision frameworks for the clinical service recommendations: https://www.who.int/publications/i/item/9789240039483
- Supplementary material 3. Evidence-to-Decision frameworks for the service delivery recommendations and best practice statements: https://www.who.int/publications/i/item/9789240039483



预览已结束, 完整报告链接和二维码如下:

https://www.yunbaogao.cn/report/index/report?reportId=5\_23323



