of people making change 🚟 🚾



ICONS & ACTIVISTS

50 years of people making change



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WOMEN'S B R G H I S WOMEN'S RGHTS

FOREWORD

A young woman steps through the door of the health clinic in her village, confident it is a place where her dignity and rights will be respected. She has come for support in planning her family. Even though she lives in an impoverished area, the clinic is easy to reach and a full range of options is available along with all the information she needs to make the right contraceptive choice—her choice. Later, if she decides to have a child, she will return, knowing that her pregnancy and delivery will be healthy and safe.

She is just one face of a historic movement that has touched the lives of millions of women and girls. Today, she is part of a "Sustainable Development" generation more likely than ever before to enjoy reproductive rights.

It is an extraordinary achievement.

Yet it did not happen on its own. For the past 50 years, in every part of the globe, countless individuals—in ways not always readily seen or heard—have demonstrated courage and imagination, along with passion and drive, to advance women's health and rights. They are agents of change who offer inspiration to us all.

ICONS & ACTIVISTS

50 years of people making change

On the following pages, we pay tribute to changemakers. Celebrating their contributions is a fitting way to mark the 50th anniversary of UNFPA, the United Nations Population Fund, and the 25th anniversary of the landmark 1994 International Conference on Population and Development, ICPD. They represent countless valiant others who have likewise made a difference. Their stories illuminate how far we have come—and how far we need to go.

At UNFPA, we are proud of what we have accomplished with our partners since 1969. Access to contraceptives has significantly expanded as a result of our policy work advising developing countries on national population programmes. As more women gained access to voluntary modern contraception, they also started having fewer children. These advancements made clear that choice brings change.

By 1994, the conversation had shifted. When 179 governments gathered in Cairo for the ICPD, they

to carry it forward as we approach the goalpost for achieving Agenda 2030 and the 17 Sustainable Development Goals.

The book is organized around 10 themes most central to the ICPD Programme of Action and the work of UNFPA. It also includes profiles of activists who champion causes beyond the UNFPA mandate that are part of an ongoing global debate about rights and choices. Under each theme, profiles are loosely organized to tell a story of how major issues have come together and evolved over time.

We still have a long way to go to fully implement the Cairo Programme of Action so crucial to the attainment of the Sustainable Development Goals. Change and choice have eluded hundreds of millions of women who currently lack access to contraception and quality maternal health care or who are subjected to gender-based violence or harmed by practices such as female genital mutilation and early forced marriage.

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