



FIVE-YEAR STRATEGIC PLAN FOR YOUNG PEOPLE'S HEALTH

(2016-2020)

**Department of Public Health
Ministry of Health, Myanmar**

Foreword

Attaining highest level of health in young people to ensure that every young person's potential is fulfilled is one of the core priorities of Myanmar Health Vision 2030. To this end the national Strategic Plan for young people's health is developed. This requires increasing access to information and services, and creating safe and protective environments for young people to improve their health and wellbeing including health system strengthening, development of human resources for health with skills to engage with young people and provide youth friendly health services, health research and strengthening collaboration with national and international partners. It also entails annual planning and monitoring for effective delivery mechanism and mobilizing necessary resources to achieve the goals and deliver results.

The National Strategic Plan for Young People's Health (2016- 2020) aims at strengthening the existing policy framework and programmes and is based on the following guiding principles;

1. **Life-course approach:** adolescence is a key decade in the course of life that influences the health outcomes later in life.
2. **Comprehensive approach:** It recognizes the cross cutting health and development needs of young people such as intentional and unintentional injuries and violence, SRH, HIV/AIDS, mental health, substance use, violence, substance use and substance use disorders, infectious diseases and common conditions.
3. **Equity and rights-based approach: focusing on equitable access to services to all adolescents including vulnerable groups and the** recognizing the need to move from aspirations to obligations in fulfilling young people rights for the highest attainable standard of health through the provision of accessible, acceptable and effective health care.
4. **Multisectoral approach:** recognizing cognizant of the fact that holistic development of young people requires multisectoral approach involving education, social welfare. Also address non health issues for the development of adolescents; a multi-sectoral framework needs to be developed. .
5. **Partnership, coordination and joint programming** among stakeholders including UN agencies, professional organizations, civil society organizations and communities and others to maximize resources and to avoid duplication of efforts.

The National Strategic Plan for Young People's Health was developed in a participatory and consultative manner, under the auspices of the Ministry of Health. Throughout the developmental process, key staff from governmental, non-governmental, university, and UN organizations provided insight and feedback.

Acknowledgement

First of all, we would like to express its sincere gratitude to H.E. Dr. Than Aung, Union Minister for Health for his valuable vision and overall guidance in Adolescent Health in Myanmar. Special thanks are also shown to H.E. Dr. Win Myint and H.E. Dr. Thein Thein Htay for their support and encouragement towards implementation adolescent health activities in the country.

We appreciate the contributions of all who attended the participatory workshops and provided their expertise and experiences in working with young people towards the development of this Strategic Plan. To ensure continuum of care approach this will feed into the integrated National Strategic for RMNCAH. On behalf of the Ministry of Health, the Department of Public Health and the Health Promotion and Health Education Division, Adolescent Health Programme, we would like to express our sincere gratitude to those who devoted their efforts in developing this Plan. Particular thanks go to the WHO and the United Nations Population Fund in Myanmar for providing financial and technical support to develop this strategy.

Contents

Foreword	1
Acknowledgement	2
1 Introduction	7
1.1 Geography and demographic profile	7
1.2 Young people's health in international health agenda	8
1.3 Young people's health in Myanmar.....	9
1.4 Rationale for new strategic plan.....	10
2 Situation analysis	11
2.1 Health System Infrastructure	11
2.2 Coordinating stakeholders	12
2.3 The health status of young people in Myanmar	12
2.3.1 Sexual and Reproductive Health	12
2.3.2 HIV/AIDS among young people	12
2.3.3 Nutrition related problems	13
2.3.4 Substance use and abuse (tobacco, alcohol and other substances)	13
2.3.5 Intentional and unintentional injuries	13
2.3.6 Infectious diseases	14
2.3.7 Mental Health	14
2.4 Response to improve health status of young people by Ministry of health	15
2.4.1 Adolescent health programme	15
2.4.2 Sexual and reproductive health programme	15
2.4.3 HIV/AIDS programme	16
2.4.4 Nutrition programme	17
2.4.5 Substance abuse control programme	17
2.4.6 Mental health programme	19
2.4.7 Infectious diseases control programme	20
2.5 Response to improve health status of young people by other ministries	22
2.5.1 School health programme - Life skills education curriculum in schools	22
2.5.2 Injuries control programme	22
2.6 Response to improve health status of young people by NGOs	23
2.6.1 Marie Stopes International (MSI)	23
2.6.2 Myanmar Anti-Narcotics Association (MANA)	23

2.6.3	The Substance Abuse Research Association (SARA)	23
2.6.4	Myanmar Maternal and Child Welfare Association (MMCWA)	23
2.6.5	Myanmar Medical Association (MMA)	24
2.6.6	Save the Children	24
2.7	Opportunities and Challenges	25
2.7.1	Opportunities	25
2.7.2	Challenges	26
3	Goals, Objectives and guiding principles	28
3.1	Goal	28
3.2	Strategic priority areas and program objectives	28
3.3	Guiding Principles and programmatic considerations	30
4	Strategies and key activities	32
4.1	Implementation strategies	32
4.2	Key activities for implementation of the five strategies	33
4.3	Key Targets	36
4.4	Strategies to implement interventions	38
5	Over view of planning and implementation	41
6	Essential Package of interventions to improve young people's health	43
7	Monitoring and Evaluation	46
7.1	Monitoring progress of the Strategic Plan	46
Table 2: The programmatic indicators to track progress of the plan		47
7.2	Mid-term Review and Final Evaluation	51
7.3	Dissemination of data and reports	51
References		52

预览已结束，完整报告链接和二维码如下：

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