



**MANUAL FOR  
FACILITATORS OF CAREGIVERS  
WE ARE READY:  
SUPPORTING TEENAGERS'  
DEVELOPMENT IN HEALTHY  
AND HAPPY RELATIONSHIPS**

Second Edition • 2018





# FORWARD

Manual for facilitators of caregivers on ‘We are ready: Supporting teenager’s Development in Healthy and Happy Relationships’ developed by international and national consultants to prevent violence against women and children in Cambodia. The development of this manual is based on strategic areas of National Action Plan for prevention of violence against women 2014 - 2018 and findings of UN multi-country study on men and violence in Asia and the Pacific, including Cambodia.

This manual will be used by facilitators of caregivers to promote social norm changes in preventing violence and respectful relationships, and to support young girls and boys aged 12-14 years old to behave and practice gender equity with respect and carrying each other, getting knowledge and skills to appropriately manage stresses and improving healthy, non-violence and happy interpersonal relationships and participating in social recreation activities that benefit to family and society’s harmonization and themselves.

This manual is reviewed and republished after a twelve months implementation in Kampong Cham province by Provincial Department of Women’s Affairs under the leadership of the Ministry of Women’s Affairs with technical and financial support from UNFPA, UN Women, UNV and the second phase of implementation program of partnership for prevention (P4P).

We strongly believe that the manual for caregivers on “We are ready: Supporting teenager’s Development in Healthy and Happy Relationships’ is valuable tools to be used effectively for preventing gender based violence.

Phnom Penh, 9 January 2018

Secretary of State



**H.E Hou Samrith**

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