

No. 449

8 May 2009

**SOUTH AFRICAN QUALIFICATIONS AUTHORITY (SAQA)**

In accordance with Regulation 24(c) of the Regulations of 28 March 1998, the Standards Generating Body (SGB) for

Sport, Recreation and Fitness

registered by Organising Field 02 – Culture and Arts, publishes the following Unit Standards for public comment.

This notice contains the titles, fields, sub-fields, NQF levels, credits, and purposes of the Unit Standards. The full Unit Standards can be accessed via the SAQA web-site at www.saqa.org.za. Copies may also be obtained from the Directorate for Standards Setting and Development at the SAQA offices, SAQA House, 1067 Arcadia Street, Hatfield, Pretoria.

Comment on the Unit Standards should reach SAQA at the address ***below and no later than 8 June 2009***. All correspondence should be marked **Standards Setting – SGB for Sport, Recreation and Fitness** addressed to

The Director: Standards Setting and Development
SAQA

Attention: Mr. E. Brown

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D. MPHUTHING
ACTING DIRECTOR: STANDARDS SETTING AND DEVELOPMENT



SOUTH AFRICAN QUALIFICATIONS AUTHORITY

UNIT STANDARD:

Coach gymnastics at introductory level

SAQA US ID		UNIT STANDARD TITLE	
264694		Coach gymnastics at introductory level	
ORIGINATOR		PROVIDER	
SGB Sport, Recreation & Fitness			
FIELD		SUBFIELD	
2 - Culture and Arts		Sport	
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 3	4

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

SPECIFIC OUTCOME 1

Describe the development and sociological impact of gymnastics.

SPECIFIC OUTCOME 2

Implement a physical preparation programme for different age groups.

SPECIFIC OUTCOME 3

Establish and maintain a safe and conducive environment for gymnastics.

SPECIFIC OUTCOME 4

Demonstrate dominant movement patterns (DMPs).

SPECIFIC OUTCOME 5

Coach and assess basic skills in gymnastics.

SPECIFIC OUTCOME 6

Introduce gymnastic disciplines.

QUALIFICATIONS UTILISING THIS UNIT STANDARD

None



SOUTH AFRICAN QUALIFICATIONS AUTHORITY

UNIT STANDARD:

Coach goal keeping in hockey

SAQA US ID	UNIT STANDARD TITLE		
264695	Coach goal keeping in hockey		
ORIGINATOR	PROVIDER		
SGB Sport, Recreation & Fitness			
FIELD	SUBFIELD		
2 - Culture and Arts	Sport		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 4	4

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

SPECIFIC OUTCOME 1

Demonstrate the use of goal keeping equipment.

SPECIFIC OUTCOME 2

Explain the rules for goal keeping in hockey.

SPECIFIC OUTCOME 3

Coach hockey goal keeping skills.

QUALIFICATIONS UTILISING THIS UNIT STANDARD

None



SOUTH AFRICAN QUALIFICATIONS AUTHORITY

UNIT STANDARD:*Coach the fundamental principles of the game of netball*

SAQA US ID	UNIT STANDARD TITLE		
264696	Coach the fundamental principles of the game of netball		
ORIGINATOR	PROVIDER		
SGB Sport, Recreation & Fitness			
FIELD	SUBFIELD		
2 - Culture and Arts	Sport		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 4	6

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

SPECIFIC OUTCOME 1

Explain the rules governing the game of netball.

SPECIFIC OUTCOME 2

Plan practice sessions for netball coaching.

SPECIFIC OUTCOME 3

Conduct netball coaching activities.

SPECIFIC OUTCOME 4

Reflect on performance as a coach.

QUALIFICATIONS UTILISING THIS UNIT STANDARD

None



SOUTH AFRICAN QUALIFICATIONS AUTHORITY

UNIT STANDARD:

Coach basic hockey skills to beginners

SAQA US ID	UNIT STANDARD TITLE		
264697	Coach basic hockey skills to beginners		
ORIGINATOR	PROVIDER		
SGB Sport, Recreation & Fitness			
FIELD	SUBFIELD		
2 - Culture and Arts	Sport		
ABET BAND	UNIT STANDARD TYPE	NQF LEVEL	CREDITS
Undefined	Regular	Level 3	3

This unit standard does not replace any other unit standard and is not replaced by another unit standard.

SPECIFIC OUTCOME 1

Create a safe playing environment for modified hockey.

SPECIFIC OUTCOME 2

Teach rules and principles of fair play for modified hockey.

SPECIFIC OUTCOME 3

Implement a hockey practice session at junior level.

QUALIFICATIONS UTILISING THIS UNIT STANDARD

None