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**ADVANCE MEDICAL DIRECTIVE ACT
(CHAPTER 4A)**

**ADVANCE MEDICAL DIRECTIVE
(AMENDMENT) REGULATIONS 2011**

In exercise of the powers conferred by section 22 of the Advance Medical Directive Act, the Minister for Health hereby makes the following Regulations:

Citation and commencement

1. These Regulations may be cited as the Advance Medical Directive (Amendment) Regulations 2011 and shall come into operation on 18th April 2011.

Amendment of Schedule

2. Form 1 in the Schedule to the Advance Medical Directive Regulations (Rg 1) is deleted and the following form substituted therefor:

FORM 1

MAKING OF ADVANCE MEDICAL DIRECTIVE

ADVANCE MEDICAL DIRECTIVE ACT [CHAPTER 4A, SECTION 3]

ADVANCE MEDICAL DIRECTIVE REGULATIONS

PERSON MAKING THE ADVANCE MEDICAL DIRECTIVEName: NRIC No.: - - Sex: ☐ Male ☐ Female (please tick)Date of Birth: - - (must be at least 21 years of age)
Day Month YearAddress:
 Singapore Home Telephone: Office Telephone: **THE DIRECTIVE**

1. I hereby make this advance medical directive that if I should suffer from a terminal illness and if I should become unconscious or incapable of exercising rational judgment so that I am unable to communicate my wishes to my doctor, no extraordinary life-sustaining treatment should be applied or given to me.
2. I understand that “terminal illness” in the Advance Medical Directive Act means an incurable condition caused by injury or disease from which there is no reasonable prospect of a temporary or permanent recovery where —
 - (a) death would, within reasonable medical judgment, be imminent regardless of the application of extraordinary life-sustaining treatment; and
 - (b) the application of extraordinary life-sustaining treatment would only serve to postpone the moment of death.
3. I understand that “extraordinary life-sustaining treatment” in the Advance Medical Directive Act means any medical procedure or measure which, when administered to a terminally ill patient, will only prolong the process of dying when death is imminent, but excludes palliative care.
4. This directive shall not affect any right, power or duty which a medical practitioner or any other person has in giving me palliative care, including the provision of reasonable medical procedures to relieve pain, suffering or discomfort, and the reasonable provision of food and water.
5. I make this directive in the presence of the two witnesses named on page 2.

Signature/Thumb Print

Date