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**No. S 816**

**SALE OF FOOD ACT  
(CHAPTER 283)**

**FOOD (AMENDMENT) REGULATIONS 2014**

In exercise of the powers conferred by section 56(1) of the Sale of Food Act, the Minister for National Development hereby makes the following Regulations:

**Citation and commencement**

1. These Regulations may be cited as the Food (Amendment) Regulations 2014 and shall come into operation on 15 December 2014.

**Amendment of regulation 31**

2. Regulation 31 of the Food Regulations (Rg 1) is amended —

(a) by deleting paragraph (3) and substituting the following paragraph:

**“Mercury**

(3) No person shall import, sell, advertise, manufacture, consign or deliver —

(a) any predatory fish containing mercury in excess of 1 ppm;

(b) any other fish, or any fish product, containing mercury in excess of 0.5 ppm; or

(c) any other food containing mercury in excess of 0.05 ppm.”; and

(b) by inserting, immediately after paragraph (6), the following paragraph:

“(7) In paragraph (3), “predatory fish” means any fish of a species listed in the Fifteenth Schedule.”.

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**Amendment of regulation 250A****3. Regulation 250A of the Food Regulations is amended —**

(a) by deleting paragraph (2) and substituting the following paragraph:

“(2) Phytosterols, phytosterol esters, phytostanols or phytostanol esters may be added to —

- (a) any edible vegetable fat or oil containing not more than 20 g of saturated fat per 100 g of total fat;
- (b) any margarine or fat spread containing not more than 27 g of saturated fat per 100 g of total fat; or
- (c) any other food containing not more than 3 g of total fat per 100 g or 1.5 g of total fat per 100 ml.”;

(b) by deleting the word “exclusively” in paragraph (3)(a);

(c) by deleting sub-paragraph (b) of paragraph (3); and

(d) by deleting sub-paragraphs (d), (e) and (f) of paragraph (3) and substituting the following sub-paragraphs:

“(d) The product should be used as part of a balanced and varied diet;

(e) Consumption in a day of a total of more than 3 g of phytosterols (whether in free form or as derived from any phytosterol esters) or phytostanols (whether in free form or as derived from any phytostanol esters), or both, does not provide any additional benefit in lowering blood cholesterol levels;

(f) Consumption in a day of a total of at least 2 g of phytosterols (whether in free form or as derived from any phytosterol esters) or phytostanols (whether in free form or as derived from any phytostanol esters), or both, has been shown to lower blood cholesterol levels; and