

## **[ POEA MEMORANDUM CIRCULAR NO. 05, May 24, 2010 ]**

### **GUIDELINES ON THE SELECTION AND DEPLOYMENT OF FILIPINO AU PAIRS TO NORWAY**

Pursuant to POEA Governing Board Resolution No. 04 series of 2010 and in line with the Administration's thrust to ensure the welfare of au pairs bound for Norway, the following guidelines shall govern the documentation of Filipino au pairs bound for that country.

#### **I. Coverage**

This Circular shall apply to Filipinos leaving as au pairs for Norway and their host families in that country.

#### **II. Definition of terms.**

For purposes of these guidelines, the following terms shall mean:

- a. au pair – the term used to describe a young Filipino between 18 and 30 years of age, unmarried and without any children placed under a cultural exchange arrangement with a Norwegian host family for a maximum stay of two years for the purpose of immersion in cultural and language learning. During this immersion, the au pair is enrolled in a school to learn the Norwegian language, shall live with the host family at par (au pair) or on an equal basis with the immediate members of the host family, shall be given pocket money, share in child care, light household chores and responsibilities previously agreed upon in an au pair placement contract between the au pair and the host family.
- b. Host family – shall refer to the family that the Au Pair will be living with for the duration of the au pair contract.

#### **III. Documentation of Au Pairs at POEA**

Filipino au pairs bound for Norway shall be processed at POEA as name hires. The following documents shall be submitted by the au pair to POEA.

1. Au pair contract signed by the au pair and the head of the host family duly authenticated by the Philippine Embassy in Norway.
2. Copy of passport with the stamped valid au pair visa.
3. Pre Departure Orientation Seminar (PDOS) certificate issued by the Overseas Workers Welfare Administration (OWWA)
4. Valid "fit to work" medical examination result.